

# Seaway Mall

800 Niagara Street. Welland, ON L3C 5Z4  
289-820-4999

EarlyON-Seaway@portcares.ca www.portcares.ca  
EarlyON Child & Family Centre, Seaway Mall

# EarlyON

Child and Family Centre

# ON y va

Centre pour l'enfant et la famille

## January 2019

### Hours

Monday to Friday 10am to 6pm  
Saturday 9:30am to 5:30pm  
Closed: Tuesday January 1

### Drop In and Play

#### You and your child can:

- Meet other mothers, fathers, caregivers and children
- Participate in circle time activities
- Have fun in the many play areas
- Find information regarding other resources
- Discuss parenting with experienced staff and other parents
- Learn about the programs and services we offer



### Literacy & Numeracy Music and Movement Circles Daily 10:30

#### Emergent Literacy Jan 9

Niagara Children's Centre staff brings a wealth of knowledge in supporting our love of reading and incorporating language and literacy right from the start with infants

#### Little Counters® Jan 8 & 15

A numeracy activity designed to build & strengthen numeracy concepts in a fun way!



### Therapy Tails

Please join us on Jan 15 from 4:30-5:30 and spend time visiting and reading with our furry friends

### Science Explorations

**Monday Jan 7, 14, 21 & 28,**  
10am to 1pm Join us as we explore a variety of materials that help us engage and learn about science



### Family Literacy Day

**Family Literacy Day®** is a national awareness initiative created by ABC Life Literacy Canada and held annually on January 27 to raise awareness of the importance of engaging in literacy-related activities as a family. This year is the 20th Anniversary of **Family Literacy Day!**  
Join us on Friday January 25 as we celebrate Literacy together!



### Additional Services

**Well Baby Clinic** Wednesdays 1:30-4:00  
A Health Nurse is available to weigh your baby and answer any questions you may have

**Subsidy Caseworker** Tuesdays  
A caseworker will be onsite for scheduled appointments as well as walk ins. Child minding is available by request. Please speak with EarlyON staff for more information

**Mindfulness for Moms**  
Thursday Jan 10, 17 & 24 from 1:30pm to 2:30pm  
Learn the basics of mindfulness and how to incorporate it into your daily life to reduce stress and be "present" in the moment.  
Please register. Limited childcare is available.



Port Cares EarlyON Seaway Mall has a FaceBook page! Don't forget to LIKE our page!!



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## French Fun

January 11, 18 & 25  
Come and play with our French Educator and explore bilingual fun



January 22 & 29  
Come learn some French words as we take turns, work together, read the recipe and make playdough!

## Toddler Time

**Wednesdays** 10am – 12pm  
Different activities designed with the toddler in mind. Come explore and build on your child's interests and skills

**Toddler Art Experience** Jan 9 & 30  
An introduction to art that support development and provide experiences to a variety of art materials

**Toddler Music and Movement** Jan 16

**Toddler Science** Jan 23

## Infant Programs



**Infant Stay & Play**  
Jan 8 at 11am

**Babies & Music**  
Jan 15 & 22 at 11am

**Babies & Art**  
Jan 29 at 11 am

## Infant Massage

Wednesday Jan 9, 16, 23 & 30  
at 1:30pm. Registration and attendance is required



## Preschool Projects

**Infant Stay and Play** Jan 8 at 11am

**Preschool Art** Jan 17

An invitation to further explore, interact and support development through the experience of art

**Collaborate Art Creation** Jan 24

An invitation to work together on a project to create to make for our beautiful space

## Families with Multiples

**Families of Multiples** Jan 11 at 11am

Raising more than one child at a time can offer some unique challenges and joyful moments. EarlyON staff invite multiple birth families to come meet, network and have fun exploring together

## Creative Inspirations

*Available during drop-in*

**Loose Parts Exploration** Jan 3

Discover and create with various loose parts

**Music with Miss Nancy** Jan 5 (in the morning)

Come sing and dance along to the guitar beat!

**Explore Art** Jan 12

Come create something unique with art materials

**Yoga with Miss Karly**

Jan 14 at 11:30

Let's join together with yoga as our inspiration



**Explore Mono Print with Dad**  
Saturday Jan 26

An acrylic paint project that allows us to transfer your child's image to cardstock after they create it!

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### Interactive Play Hours



























Monday 10-6  
Tuesday 10-6  
Wednesday 10-6  
Thursday 10-6  
Friday 10-6  
Saturday 9:30-5:30

Well Baby Clinic  
Wednesdays 1:30-4

 Main Office  
Port Cares

92 Charlotte, 905-834-9071  
Toll Free: 1-866-933-9633  
EarlyON-admin@portcares.ca  
www.portcares.ca

# January 2019

Mon	Tue	Wed	Thu	Fri	Sat
	1 New Years Day Closed	2 Stay and Play  Well Baby Clinic	3 Loose Parts 	4 Stay & Play 	5 Music with Nancy 
7 Science Explorations 	8 Infant Drop In  Little Counters® 	9 Toddler Art Literacy Circle Well Baby Clinic Infant Massage	10 Preschool Science  Mindfulness for Moms	11 French Fun  Families with Multiples	12 Explore Art 
14 Science Explorations  Yoga with Karly	15 Babies and Music  Little Counters® Therapy Tails	16 Toddler Music and Movement  Well Baby Clinic Infant Massage	17 Preschool Art  Mindfulness for Moms	18 French Fun 	19 Nature Experience 
21 Exploring Science 	22 Babies and Music  Playdough French Fun 	23 Toddler Science  Well Baby Clinic Infant Massage	24 Collaborate Art Creation  Mindfulness for Moms	25 French Fun  Family Literacy Day	26 Explore Art with Dad 
28 Exploring Science 	29 Babies and Art  Playdough French Fun 	30 Toddler Art Well Baby Clinic Infant Massage	31 Stay and Play 