

Port Colborne

Port Cares, 92 Charlotte Street
905-834-9071 1-866-933-9633
EarlyON-PC@portcares.ca www.portcares.ca
f EarlyON Child & Family Centre, Port Colborne



July 2018

Happy Canada Day Closed Monday July 2

Infant Mondays 1:30pm - 3:30pm

Infant Massage, July 9, 16, 23 & 30

These techniques help parents build a bond with their baby. Infant massage is very useful in calming infants, promoting relaxation, relieving discomfort and stimulating growth and development

French Fun

Monday, Tuesday & Wednesday Mornings
Parents/caregivers & children will explore French language while experiencing our fun centre

French Café, Tuesday July 10

Parents/caregivers & children will have an opportunity to make a healthy snack

French Science Exploration, Tuesday July 17

We will be exploring with science materials

Therapy Tails, Thursday July 12 at 3pm

Come enjoy the company of a 4 legged friend as we read and sing together!

H.H. Knoll Park Visit, Tuesday July 24

Connect with the outdoors from 10am to noon! Staff will have fun games and activities for you

Early Childhood Resource Consultant

A resource consultant visits on a regular basis to support child development & answer questions. Please see staff for date & time

Interested in **childcare** or **resource supports** for your child? A Subsidy Case Manager from the Niagara Region will be here to answer questions. Appointments are recommended



Port Cares is a registered charitable organization that relies on the generosity of donors to provide much needed services in our community like the Food Bank, Meal Program (3x per week), School Lunch Kits, Outreach and much more. Please call 905-834-3629 to find out how you can help!

A Big THANK YOU

To all who have donated to our program!

Brighter Futures (Strive Niagara)

Tuesdays at 1:30pm. This free program builds upon the strengths of individuals & supports families to overcome barriers

Prenatal Services

Come in and find the support you need for a healthy pregnancy

Port Cares EarlyON has expanded our Friday hours to 4pm! Stay & Play!!



Get Growing!
Thursdays in July
Join us at the Port Cares Reach Out Centre garden on Davis Street from 11am to noon as we plant, weed pick and water some produce to enjoy in our centre and share with the food bank!

Village Friends

Every Thursday 12pm-2pm
Reach Out Food Centre, 61 Nickel St.
A place to play, meet friends, experience art materials and engage in fun activities

Just Dad and I

Saturday July 21 9am-noon



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 Earlyon Child & Family Centre,
Port Colborne

Interactive Play Hours

Monday 9 - 4:30

Tuesday 9 - 4:30

Wednesday 9 - 4:30

Thursday 9 - 4:30

Friday 9 - 4

Village Friends at ROFC

61 Nickel Street

Thursday 12-2

Pre-Registered Program

Monday - Infant 1:30-3:30



Main Office

Port Cares, 92 Charlotte

905-834-9071

Toll Free: 1-866-933-9633

EarlyON-admin@portcares.ca

www.portcares.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Canada Day	2 Closed for Canada Day	3	4	5 Get Growing! Village Friends at ROFC	6 Baby & Me Yoga Stay & Play!	7
8	9 Infant Massage	10 Subsidy Case Manager French Café Strive Brighter Futures	11	12 Get Growing! Therapy Tails Village Friends at ROFC	13 Stay & Play!	14
15	16 Infant Massage	17 French Science Strive Brighter Futures	18	19 Get Growing! Village Friends at ROFC	20 Baby & Me Yoga Stay & Play!	21 Just Dad and I
22	23 Infant Massage	24 Park Visit Strive Brighter Futures	25 Screen Time Workshop	26 Get Growing! Village Friends at ROFC	27 Stay & Play!	28
29	30 Infant Massage	31				